




School's Out & **FREE** Summer Meals are Available!


HAVE YOU HEARD...



NUTRITIOUS SUMMER MEALS
ARE BEING SERVED TO
YOUTH, AGES 18 YEARS AND
UNDER AT SITES NEAR YOU.

Organizations throughout your community are serving meals;
sites also often have fun activities for kids, too!

Find a nearby meal site using these resources:

- Download the Meals for Kids Mobile Application
at <https://www.cde.ca.gov/re/mo/comeals.asp>
 - Search the 2024 Summer Meal Service Site web page
[https://www.cde.ca.gov/ds/sh/sn/ap/summersites.asp?
year=2024&countyname=San_Diego](https://www.cde.ca.gov/ds/sh/sn/ap/summersites.asp?year=2024&countyname=San_Diego)
 - Visit the U.S. Department of Agriculture
Summer Site Finder web page at [https://
www.fns.usda.gov/meals4kids](https://www.fns.usda.gov/meals4kids)
 - Text "FOOD" (English) or "COMIDA" (Spanish)
to 304-304 to find a site near you
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MORE WAYS YOU CAN FIND HEALTHY FOOD DURING THE SUMMER

- ✓ Call 2-1-1 for information on food assistance programs
- ✓ Visit the California Association of Food Banks website at <https://www.cafoodbanks.org/our-members/> to find a food bank near you
- ✓ Learn how to participate in the Market Match Program to double your CalFresh Food dollars at a farmer's market at <https://marketmatch.org/>
- ✓ Find a farmers market using California Department of Food and Agriculture's Certified Farmers' Market Locator at https://www.cdfa.ca.gov/is/i_&c/cfm.html or on the Ecology Center's website at <https://ecologycenter.org/fmfinder/>

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