


# April-June 2025 Middle & High School Sweetwater Nutrition Menu Week 1


Seasonal fresh  
 fruit served  
 daily!

## Breakfast

Breakfast includes an entrée, fruit and milk (1% white or nonfat chocolate).









	Mon	Tue	Wed	Thu	Fri
Entrées	Sausage, Egg & Cheese on WG English Muffin	Chorizo & Egg Burrito	Fruit & Yogurt Parfait w/ WG Granola 	Chorizo & Egg Burrito	Ham & Cheese Croissant
Sides	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice

**Daily Breakfast Options:** Assorted WG Muffins, WG Bagels with cream cheese, WG Waffles & assorted WG Cereal w/ Yogurt. 


Hot vegetarian or vegan items available upon request. 

## Lunch

Lunch includes an entrée, fruit, vegetable and milk (1% white or nonfat chocolate milk). Assorted condiments offered daily.

	Mon	Tue	Wed	Thu	Fri
Entrées	Spicy Chicken Sandwich On WG Bun	Domino's Pizza (Pepperoni or Cheese on WG Crust) 	Buffalo Chicken Wings w/ WG Option	Domino's Pizza (Pepperoni or Cheese on WG Crust) 	Bosco Sticks 
Sides	Chicken Alfredo Bowl w/ WG Pasta	Pork Carnitas Burrito	Cheeseburger with onion rings	California Burrito	Buffalo Smack n' Cheese
	Chicken Caesar Salad w/ WG Option	Turkey Pinwheel Wrap	Ham & Cheese Sandwich	Beef Hotdog with Tater Tots	Fish Sticks with Tater Tots & Garlic Knot
	Vegan Tamale w/ WG Masa 	Vegan Falafel, Pretzel, & Hummus Box 	Vegan Tamale w/ WG Masa 	Vegan Fiesta  Bowl 	Vegan Taco Salad w/ WG Chips 
	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Side Salad Mexican Corn	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Baby Carrots Hummus	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Baby Carrots Celery Sticks	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Cheesy Broccoli Spicy Lime Cucumber Rounds	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Mexican Street Corn Baby Carrots

 = Vegetarian

 = Vegan

**\*\*Please see the Site Supervisor to request a specific allergen free menu\*\***


This institution is an equal opportunity provider.

# April-June 2025 Middle & High School Sweetwater Nutrition Menu Week 2

Seasonal fresh fruit  
 served  
 daily!

## Breakfast

*Breakfast includes an entrée, fruit and milk (1% white or nonfat chocolate).*












	Mon	Tue	Wed	Thu	Fri
<b>Sides Entrées</b>	Sausage, Egg & Cheese on WG English Muffin	Chorizo & Egg Burrito	Fruit & Yogurt Parfait with WG Granola 	Chorizo & Egg Burrito	Ham & Cheese Croissant
	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice

**Daily Breakfast Options:** Assorted WG Muffins, WG Bagels with cream cheese, WG Waffles & assorted WG Cereal w/ Yogurt. 


Hot vegetarian or vegan items available upon request. 

## Lunch

*Lunch includes an entrée, fruit, vegetable and milk (1% white or nonfat chocolate). Assorted condiments offered daily.*

	Mon	Tue	Wed	Thu	Fri
<b>Sides Entrées</b>	Nashville Hot Tenders w/ French Fries & WG Option	Domino's Pizza (Pepperoni or Cheese on WG Crust) 	Korean BBQ Chicken Wings w/ WG Option	Domino's Pizza (Pepperoni or Cheese on WG Crust) 	Cheeseburger with onion rings
	Buffalo Chicken Cheesy Toast	Spaghetti w/ Meat Sauce	Spicy Chicken Sandwich	Teriyaki Chicken Noodle Bowl	Bean & Cheese Burrito on WG Tortilla 
	Fruit & Yogurt Parfait w/ Granola 	Chef Salad w/WG Option 	Chicken Caesar Salad w/ WG Option	Mashed Potato Bowl w/ Chicken Smackers	Fruit & Yogurt Parfait w/ Granola 
	Vegan Falafel Wrap w/ WG Tortilla 	Vegan Fiesta Burrito 	Vegan Falafel Rice Bowl 	Vegan Tofu Noodle Teriyaki Bowl 	Vegan Tamale w/ WG Masa 
<b>Sides</b>	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Hummus Baby Carrots	Seasonal Fresh Fruit Cool Tropics Slushie Assorted Fruit Cups Spicy Lime Cucumber Rounds Side Salad	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Celery Sticks Baby Carrots	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Spicy Lime Cucumber Rounds Asian Broccoli	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Mexican Street Corn Baby Carrots

 = Vegetarian

 = vegan

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