Sides Every Morning:

Fresh Fruit Bowl Assorted Fruit Cups Orange Juice

August Breakfast

2025

Daily Breakfast Options:

WG Assorted Muffins
WG Bagels w/ Cream Cheese & Jelly
WG Assorted Cereal w/ Yogurt.

Hot Vegan available, must be requested in advance





Assorted Condiments: (optional vary daily)
Mustard, Mayonnaise, Ketchup, Tapatio. Milk:
1% Low fat White Milk, and Nonfat Chocolate
Milk offered daily with each meal. All milk is
locally sourced and rBST hormone free.

All menu days include the following food groups: Grain, Meat/Meat Alternative, Fruit, and Milk. Students must choose 3 of the 4 items offered; one food group must be a fruit.

WG=Whole Grain