

Sides Every Morning:

Fresh Fruit Bowl
Assorted Fruit Cups
Orange Juice

JULY Breakfast

2025

Daily Breakfast Options:

WG Assorted Muffins
WG Bagels w/ Cream Cheese & Jelly
WG Assorted Cereal w/ Yogurt.

Hot Vegan options available, must be requested in advance.


Monday

Tuesday
Wednesday
Thursday
Friday

1

2

3

4

7

8

9

10

11

14

15

16

17

18

21

22

23

24

25

Egg & Cheese Breakfast
Sandwich
on WG English Muffin

Fruit & Yogurt
Parfait
w/WG Granola

Chorizo & Egg
Burrito
on WG Tortilla

28

29

30


31

Fruit & Yogurt
Parfait
w/WG Granola

Chorizo & Egg
Burrito
on WG Tortilla

Egg & Cheese Breakfast
Sandwich
on WG English Muffin

Fruit & Yogurt
Parfait
w/WG Granola



Assorted Condiments: (optional vary daily) Mustard, Mayonnaise, Ketchup, Tapatio. Milk: 1% Low fat White Milk, and Nonfat Chocolate Milk offered daily with each meal. All milk is locally sourced and rBST hormone free.

**** Milk is NOT required with Meals****

All menu days include the following food groups: Grain, Meat/Meat Alternative, Fruit, and Milk.
Students must choose 3 of the 4 items offered; one food group must be a fruit.
WG=Whole Grain

This institution is an equal opportunity provider.

Please see the Site Supervisor to request a specific allergen free menu