


 = Vegetarian

 = Vegan

# July Supper 2025

Fruit and Vegetables offered daily:  
**M:** Fruit Bowl & Seasoned Beans  
**T:** Assorted Fruit Cups & Baby Carrots  
**W:** Fruit Bowl & Side Salad  
**Th:** Assorted Fruit Cups & Baby Carrots  
**F:** Fruit Bowl & Spicy Cucumber



Monday

Tuesday

Wednesday

Thursday

Friday



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25

 Fruit & Yogurt  
Parfait  
w/WG Granola

 Cheese Pizza  
Crunchers

Chicken Tamale  
& Beans

28

29

30

31

Corndog

 Bean and Cheese  
Burrito  
w/WG Tortilla

 Fruit & Yogurt  
Parfait  
w/WG Granola

 Cheese Pizza  
Crunchers



All meals include the following components: Grain, Meat or Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.

\*The whole grain option may consist of chips, crackers, a roll, or a pretzel.

Assorted Condiments: (optional vary daily) Mustard, Mayonnaise, Ketchup, Tapatio. Milk: 1% Low-fat White Milk, and Nonfat Chocolate Milk offered daily with each meal. All milk is locally sourced and rBST hormone free. \*\* Milk is NOT required with Meals\*\*

This institution is an equal opportunity provider.

**\*\*Please see the Site Supervisor to request a specific allergen free menu\*\***