




Sides Every Morning:
Fresh Fruit Bowl
Assorted Fruit Cups
Orange Juice

October Breakfast 2025

Daily Breakfast Options:
WG Assorted Muffins
WG Bagels w/ Cream Cheese & Jelly
WG Assorted Cereal w/ Yogurt.

	Monday	Tuesday	Wednesday	Thursday	Friday
					
			1 FALL BREAK	2 FALL BREAK	3 FALL BREAK
LM	6 FALL BREAK	7 Fruit & Yogurt Breakfast Parfait w/Granola	8 Breakfast Pizza	9 Chorizo & Egg Burrito	10 Sausage, Egg, & Cheese Breakfast Sandwich
W1	13 Fruit & Yogurt Breakfast Parfait w/Granola	14 Chorizo & Egg Burrito	15 Ham & Cheese Croissant	16 Breakfast Burrito	17 Breakfast Pizza
W2	20 Chorizo & Egg Burrito	21 Breakfast Burrito	22 Chicken Tamale	23 Sausage, Egg, & Cheese Breakfast Sandwich	24 Ham & Cheese Croissant
W3	27 Ham & Cheese Croissant	28 Fruit & Yogurt Breakfast Parfait w/Granola	29 Breakfast Pizza	30 Chorizo & Egg Burrito	31 Sausage, Egg, & Cheese Breakfast Sandwich

Assorted Condiments: (optional vary daily) Mustard, Mayonnaise, Ketchup, Tapatio. Milk: 1% Low fat White Milk, and Nonfat Chocolate Milk offered daily with each meal. All milk is locally sourced and rBST hormone free.

**** Milk is NOT required with Meals****

All menu days include the following food groups: Grain, Meat/Meat Alternative, Fruit, and Milk. Students must choose 3 of the 4 items offered; one food group must be a fruit.

WG = Whole Grain

Hot Vegan available,
must be requested in
advance

***Please see the Site Supervisor to request a specific allergen free menu**

This institution is an equal opportunity provider.